How to manage people and change

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Presenters

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Sarah has a BSc (Hons) in Applied Accounting and is a Fellow member of the Association of Chartered and Certified Accountants. Her career spans over 35 years working within the legal sector, fulfilling roles from COFA through to CEO. During her career she has worked with a number of legal regulators, professional bodies and government organisations. Sarah has been a member of the Institute of Legal Finance & Management throughout her career, qualifying as a Fellow member in 2005. Sarah also served as chairperson between 2010-2012 and continues to serve as an Executive Council Member. To view Sarah's full bio, please visit: https://dglegal.co.uk/the-team/sarah-charlton/



Today's Session

- Setting the scene
- Change curve refresher
- Practical tips on people management

Do people resist change?

"People don't resist change. They resist being changed"



Why is change important?





Where do you stand?

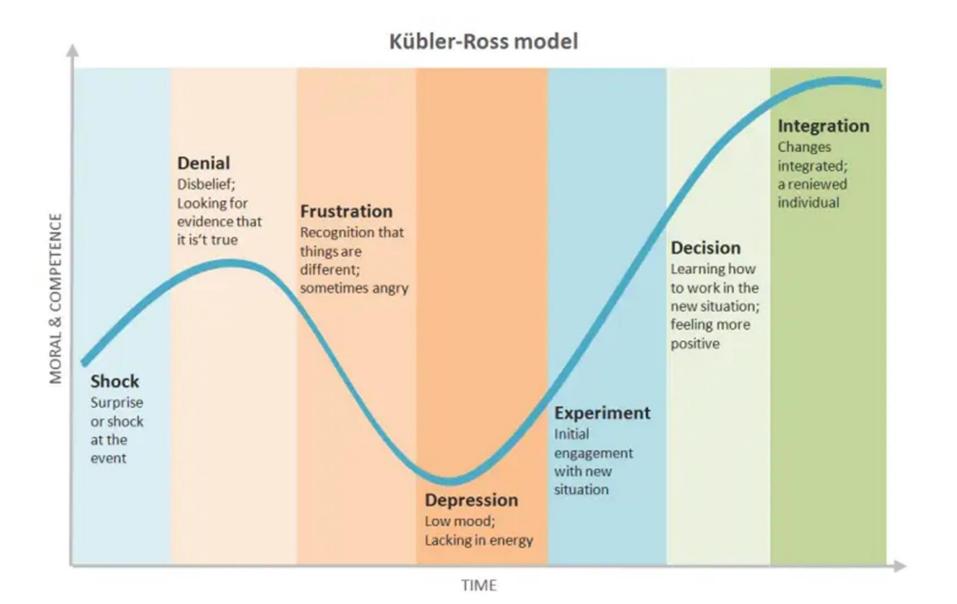
You are likely to fall into one of three categories:

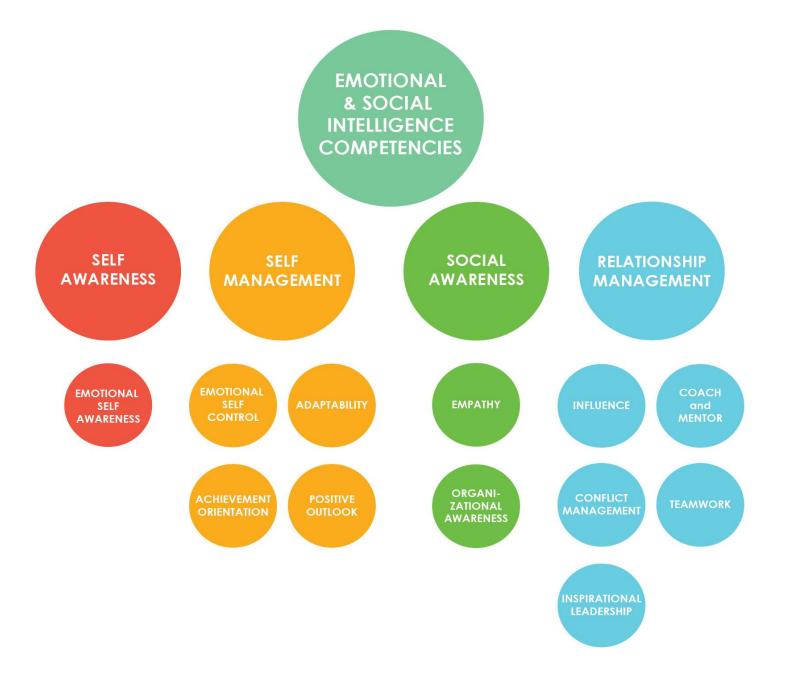
- Avoid or delay other businesses will overtake you!
- Necessity you maintain your current market position.
- Innovative you are likely to be an industry leader.

"Standing still is a strategic risk"

Where should I be?

"Lawyers won't be replaced by AI, but lawyers that use AI will replace lawyers that don't"





SELF

SOCIAL

RECOGNITION

Who I am



Regulation

Self Awareness

the ability to recognise and understand your moods, and emotions, and drives, as well as their effect on others Social Awareness the ability to understand the emotional makeup of other people, skill in treating people according to their emotional reactions (empathy)

REGULATION

What I do

Self Management

the ability to control or redirect disruptive impulses and moods, the propensity to suspend judgement – to think before acting

Social Skills

proficiency in managing relationships and building networks, an ability to find common ground and build rapport



Shock

- Pre-warning [where possible]
 - Conferences
 - Cascade via HoD and TL
 - F2F
 - Departmental
 - Newsletter
 - Intranet
 - Social Groups/Teams





Denial

- Regular updates will reinforce the fact change is on the horizon.
 - You may need to vary your approach depending on the individual
 - Likely to reduce fear

Frustration

- Listening skills
- Show empathy
- Be sensitive

Feeling low

- Be inclusive
- Praise
- Regular communication



Experiment

- Further praise
- Highlight the end results
- Be responsive to questions



Decision

- You can change your mind!
- Reinforce the positives

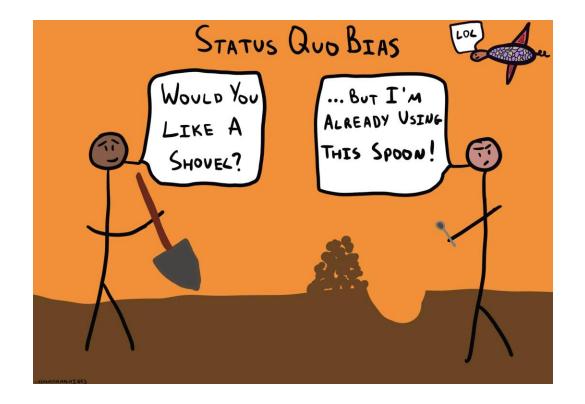


7. Integration



We are all different!

- How we process emotions.
- How much time we will spend at each stage.
- What we place value on.
- What else might be going on in our lives
- How much change we are familiar with.



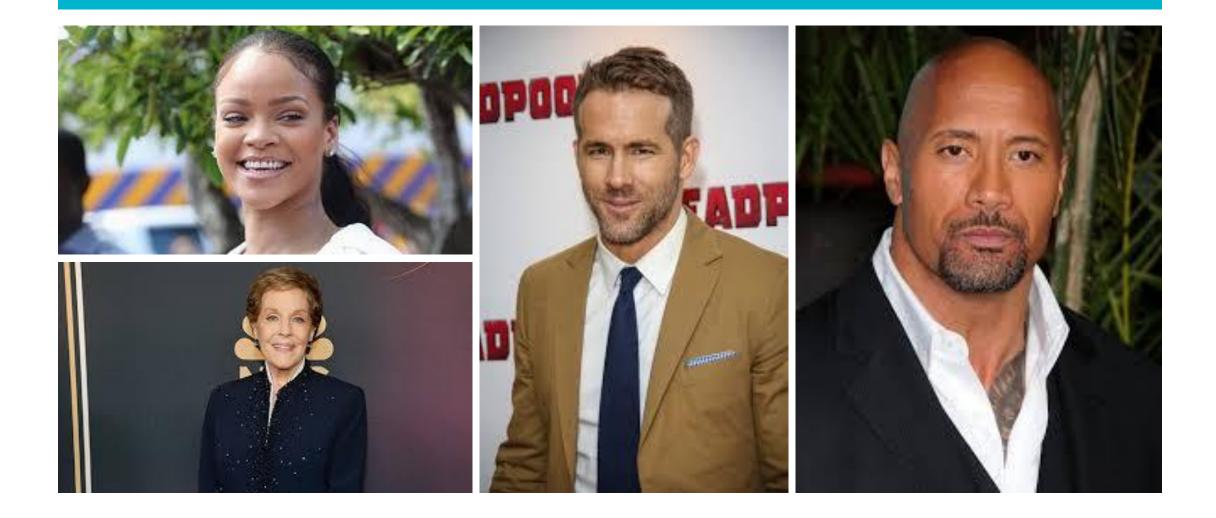
Potential obstacles

"One bad apple can spoil the bunch"





Influencers – not just for celebraties



Are we the communication problem?

Remember that emotions are neutral – they are neither good nor bad. It is how we respond to our emotions that can be problematic.

Communication pitfalls to avoid

- Leave yourself enough time to communicate well
- Choose wisely
 - Invest a little time at the beginning to avoid more time at the end
- Don't put yourself under pressure to respond immediately
- Remember we are all different and react better or worse to differing methods of communication.
- Consider your emotional state as much as the recipients



Conclusion

- There is no silver bullet = we are all different!
- Planning and preparation!



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